

CAREGIVER CONNECTION CATHOLIC CHARITIES DIOCESE OF KALAMAZOO

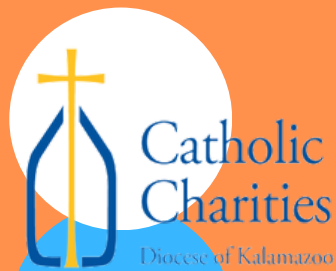


Are you a caregiver for someone with a disability? Do you sometimes feel alone or overwhelmed? We invite you to join us for our virtual gathering to build relationships, share experiences, and create a supportive community. We'll spend some time getting to know each other and share a brief reflection on the Sunday scriptures.

**Jan-June
2024**

We gather via ZOOM on the first Sunday of the month** from 1:00 - 2:00 p.m.

(** on holiday weekends we shift to the second Sunday - see dates below)



Sessions usually are about an hour in length.

REGISTER ONLINE:

www.ccdok.org/connections-registration

You can also register by contacting Lisa Irwin at lisairwin@ccdok.org OR by phone at (269) 381-9800, ext. 227

**WE'D LOVE TO HAVE
YOU JOIN US AND
OTHER CAREGIVERS
FOR REFLECTION AND
SUPPORT**

FUTURE DATES:
January 7, 2024
February 4, 2024
March 3, 2024
April 7, 2024
May 5, 2024
June 2, 2024